The 4th Int. Conf. on Women in Physics (Apr. 2011, Stellenbosch, South Africa)
Workshop B2 "Leaving and Entering a Career in Physics" (I)

One example of female physicist career: from housewife to university professor

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What is the effects of interruption of a physics career?

Of course, it depends how long it is.

You may be afraid of

- being unable to return to Physics
- losing a chance to get a permanent position
- losing chances to study many things, or to attend international conferences, to go abroad, etc.
- losing ability as a researcher
- *****



My story as an example (1977 ~ 2004)

- I was graduated from the Dept. of Applied Physics at Tokyo Univ. but did not go to the graduate school because of my father's strong opposition.

 → 1st interruption
- ② years later, when I got married, I quitted my job as a company researcher of semiconductor technology in order to go to Germany with my husband. →2nd interruption
- I had a chance to do research of semiconductor physics at the University in Germany for one year. (Returning to Physics)
- After coming back to Japan, I could not find a job because I was pregnant. I was perfectly a housewife. →3rd interruption
- My former supervisor recommended me to attend the weekly seminar in his lab. (Research student for a half year)
 My mother took care of my baby once a week when I went to the university. → Returning to Physics??? (I cannot say so.)
 Keeping only a very fine thread-like connection to academic community

A half year later, the professor recommended me to do experiment in his lab. (Employed as a part-time research assistant)

→ Partially coming back to Physics community

My mother took care of my baby in the daytime of two days in a week.

I did only experiments at the university and did all other works (analysis of data, reading and writing papers, etc.) at home.

I had the second baby, but continued my research with help of my mother and a nursery. No plan for future but enjoying Physics

- 4 years later, the professor recommended me to write a doctor thesis.
- He also recommended me to become a full time job as an assistant professor. Then, I decided to let my sons enter a nursery.

→ Completely re-entering a career in Physics

- One year later, I was promoted to a lecturer.
- 2 year later, I moved from the Tokyo University to the Superconductivity Research Laboratory (SRL).
- I worked there as a researcher/ a division director for 16 years.
- When my younger son started to live independently as a university student, I decided to apply a position at university.

The Osaka University accepted me as a full professor 6 years ago.

Key Points to Return

- Mave a strong intention to do research.
- Keep a good relationship to your supervisors and friends in Physics community.
- Never give up and believe that you can return as long as you continue to study with your best.
- Be cheerful!
 (A cheerful person can get more chances.)

What I learned from my experience

- You can go back to Physics whenever you want.
- Hot research subject is changing.
 Even if you miss one subject because of your break, another interesting subject appears.
- Three years are enough to become an expert in the relevant subject.

(Be not afraid of a break, or changing subject.)

Positive effects

- Having a break strengthens your passion to Physics.
- Having time to do other things (child care etc.) gives you a fruitful life. Refreshing effect
- Concentrating on research in a limited time is very effective. (from 9 a.m. to 5 p.m.)